You need to help yourself first to be most helpful for your child.

Meeting
6pm Every 1st and 3rd Monday of
every month.

## **Location:**

Stacie Mathewson Behavioral Health & Addiction Institute at Renown
1st floor of 85 Kirman AVE. Reno NV 89502
For more info, please contact Misty Allen
775-684-2236 or mvallen@health.nv.gov



Free Support group for guardians or family members living with or involved directly/intimately in the life of a child, aged 8-18, who experience thoughts of suicide or have attempted suicide. Please join us.

## **Purpose of Family's Love Support**

The Family's Love Support Group was created after the tragic suicide death of a 13-year-old whose loving family's mission and his mother's vision is now to help and connect with others with similar experiences. Living with a child having thoughts of suicide can be challenging, and the support group addresses pervasive loneliness, loss of friends and or family because of lack of knowledge and an understanding of how to support those living with ideation or experiences without fear of judgement. Family's Love Support group is designed to provide a safe space where families can find understanding, validation, and education on how to help a child with suicide ideation and treatment options. You are not alone, and by helping yourself first, you can help your child more effectively.